



# BIRTHMOMS TODAY

Giving Birth Moms Today...

A Voice

And a Choice

For the Healthiest Adoption Experience Possible



**CATHOLIC CHARITIES**  
DIOCESE OF ROCKVILLE CENTRE

[home](#)

[our services](#)

[parish social ministry](#)

[get involved](#)

[read our blog](#)



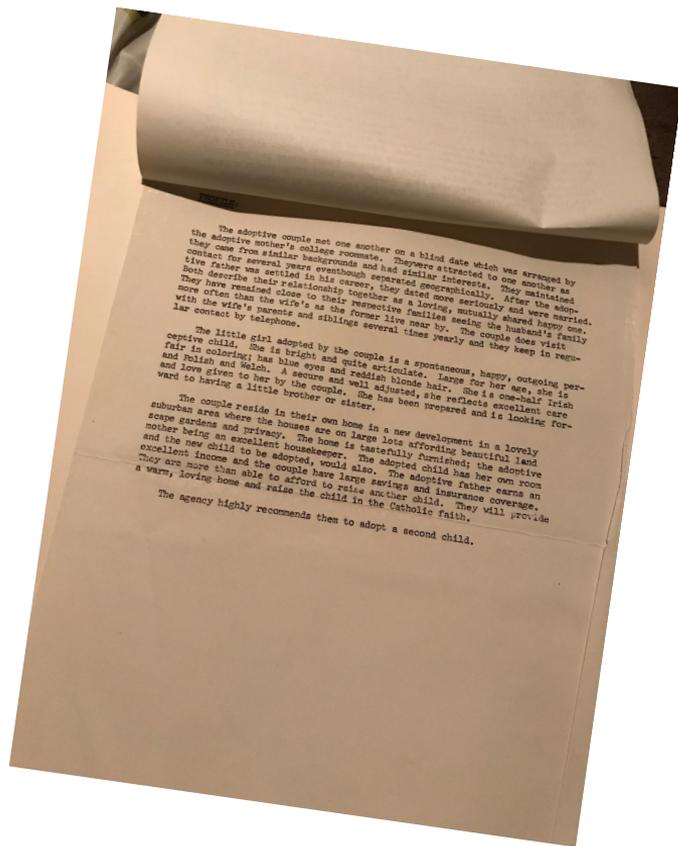
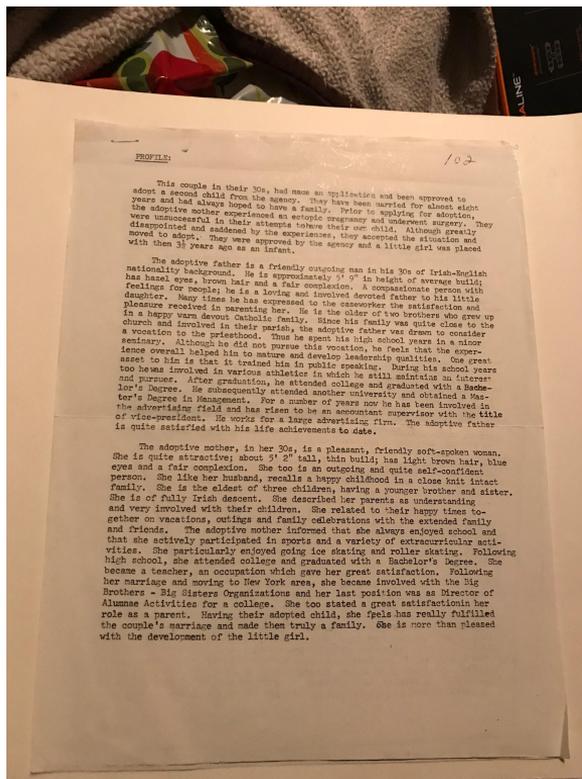
## **Regina Maternity Services**

Regina Residence provides housing and supportive services for up to 16 pregnant

WHEN YOU STAND AND SHARE  
*your story* IN AN  
EMPOWERING WAY, YOUR STORY WILL  
*heal you* AND YOUR  
STORY WILL HEAL  
*someone else*

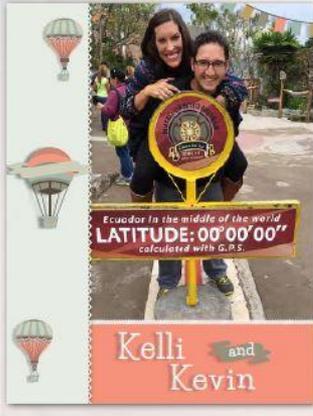
- IYARLA VANZANT

# Then and Now....Paper Adoption Profiles

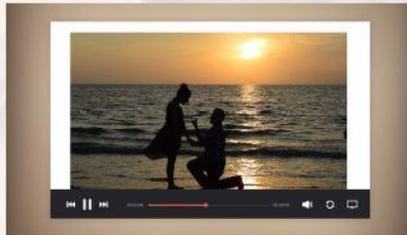


# Then and Now...Online Adoption Profiles Today:

Click image to view their eBook



Click the image below to view their video profile



Currently Parentfinder has a 98% approval rating with the parents in the *Family Marketing Program*.  
What did Kevin and Kelli's satisfaction survey say?

*"The easiest part was being able to rely on the Parentfinder team. When the time came to submit our work, everything was smooth and speedy with (Parentfinder's team) and that was incredibly helpful!"*

To view their Parentfinder profile click here 

Click image to view their eBook



Click their image below to view their video profile



Currently Parentfinder has a 98% approval rating with the parents in the *Family Marketing Program*.  
What did Noah and Kylee's satisfaction survey say?

*"Colin was willing and able to help us with whatever was overwhelming at the time. He made things pleasant and efficient. We've been very impressed in working with him and have enjoyed the experienced and the final results. :)"*

To view their Parentfinder profile click here 

- About
- Discussion**
- Announcements
- Members
- Events
- Videos
- Photos
- Files
- Group Insights
- Manage Group



Joined Notifications Share More

Write Post Add Photo/Video Live Video More

Write something...

Photo/Video Watch Party Feeling/Activ...

16 people want to join this group

**Announcements** - 1

**Kim Noeth**  
Admin · September 16, 2014

GROUP BY

**Birth Moms Today**  
3,107 like this

ADD MEMBERS Embed Invite

+ Enter name or email address...

MEMBERS 1,047 Members

SUGGESTED MEMBERS Friends Hide

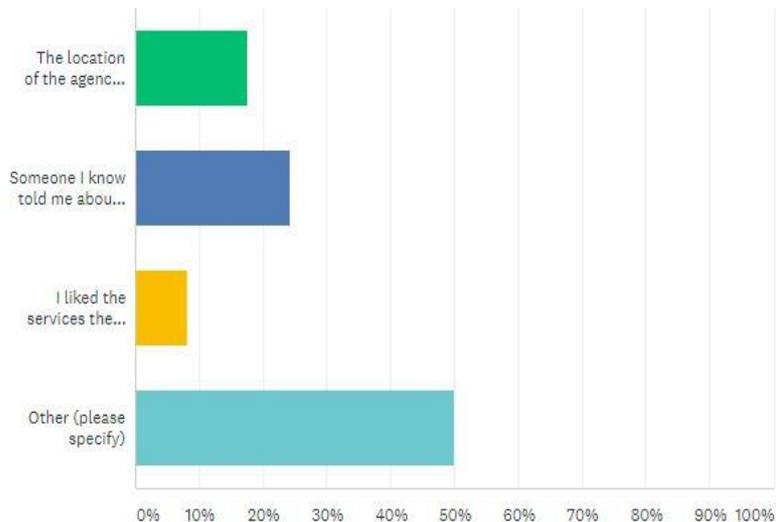
- Search this group
- Shortcuts
- Find Your Calling
  - Birth Moms Today
  - Birth Moms Today

Survey was entitled:

**The Services Provided by the Adoption  
Agency to Expectant Women  
Considering Adoption**

## When you were pregnant, what factors went into choosing the adoption agency or adoption law firm that you chose?

Answered: 74 Skipped: 0



ANSWER CHOICES	RESPONSES
▼ The location of the agency was the main reason I went with this particular agency	17.57% 13
▼ Someone I know told me about this agency.	24.32% 18
▼ I liked the services the agency was willing to provide for me and my baby.	8.11% 6

# Curious as to what “other” factors were involved?

My parents chose it.

Someone told my parents about the agency. Then i was force to go to the agency.

Referred by Catholic Charities

During that time/place- I did not have options

Religion

It was a Christian company

It was the first my fiancé picked

\*\*\*I was adopted through the same agency

Parents recommended

I didn't know of any other agency in my area

I didn't use a lawyer or agency, it was private.

I decided after I had my son to place him

I went through the same agency my A parent's went through to adopt me.

Mother sent me away. She chose agency

Forced because we were family violence victims

My parents chose it

I didnt use an agency

My mom made me

Someone else made the choices.

My parents made the choice based on the fact that the agency was Jewish.

It was agency PAP were with. We connected on social media

My parents picked it. I had no choice.

desperation

My parents adopted me through that agency. I mistakenly trusted them.

Family I started working with was using them

They were not religiously affiliated

They told me they would discuss ALL my options and help me with whatever my decision was

Large and had a local office

attorney was listed as resource at pregnancy center

I didn't know anything so I went with the first one I found. Women should be told by any agency or facilitator that there are options.

I was told I was not good enough to parent my daughter.

I had Zero choice. I wanted to keep my baby. It was a private adoption where I was told I wasn't enough for my daughter because I was unmarried and poor. My parents forced it with the extreme coercion!

My mother insisted my daughter be placed and the agency started with an "A" in the phone book.

The parents I chose were already working with them.

There was a personal aspect, that we liked

My parents chose for me and I trusted them

I didn't know any better and picked the first one that popped up

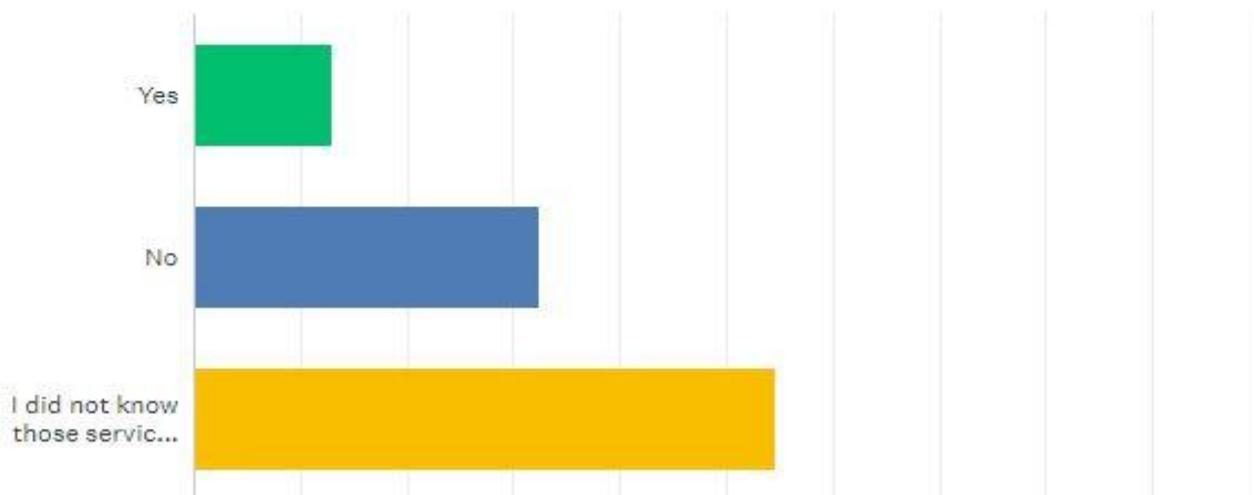
Q2

Customize

Export ▼

Did you know what type of services to look for when trying to decide which adoption agency to work with? Services such as financial help during pregnancy; help with housing and other pregnancy needs, prenatal pregnancy care, adoption related legal care, emotional care, and post adoption services.

Answered: 77 Skipped: 0



that inspires her to put herself last and do all she can for  
baby" — Mary Hines, Birthmother

BMT

## Adoption Agency or Law Firm Review for Birth Moms By Birth Moms.....

Remember your answers are anonymous.

The purpose of this review is to help another birth mother. It is not to misrepresent an adoption agency or law firm. Your answers help another birth mom to know what to request for her pre and post adoption care. If change is going to happen it will be through honest helpful exposure to what is good about an agency or firm and what isn't good or ethical about an agency or firm.

Your voice matters. Use it accurately and wisely for the intent of helping another person on the same journey.

Please remember this throughout your comments.

What adoption agency/law firm did you work with?

Your answer:

# Agency Review Comments

No

I do feel that i was genuinely cared about. I felt heard and comfortable, and guided. They just really listened well and didnt limit conversations to just adoption.

I most definitely felt cared for before and during. They offered me many things to assist me during my pregnancy and the most important thing is my case worked and I become very close. She would answer the phone and talk, laugh, cry with me at anytime of day or night.

I absolutely feel un cared for, used, as they completely discarded me, blocked me from everything and treated me like a piece of trash once the adoption went through. The adoptive parents have repeatedly lied to me,

VERY much so. In my 37 years, at that age of 19/20 unexpectedly pregnant with my second child with NOWHERE to turn, Abrazo is where I can actually trace some of my first memories of ultimate kindness I have ever seen in human beings. Even now 17 years later I look back and continue to draw from this experience much love, strength and wisdom these ladies have shown me.

No, as soon as I signed the paperwork they were done with me

I was still very important to the adoptive parents, knowing I am the birth mom, they kept me in the loop with everything going on with my babies life, how he was progressing and thriving with them. They shared pictures and videos with me.

Open relationship with adoptive family is great but almost no support from agency

No. I did not feel they cared at all. They never asked what I wanted, it was all about the adoptive parents.

They I think was more bout the money then bout what I wanted for my child

I didnt get enough care or calls

Absolutely. Sheri, my caseworker, focused solely on my needs and concerns while encouraging me in my Adoption Plan. She supported me tremendously during my pregnancy, my hospital stay and the first year. She helped me find additional post-placement resources. She was present for my son's birth, his entrustment ceremony and our first visit. She never left my side during TPR.

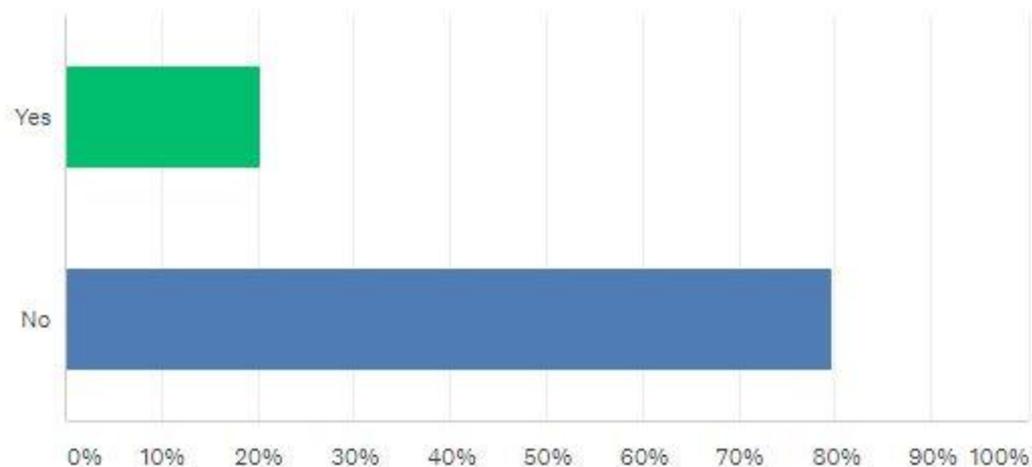
Q3

Customize

Export

# Did your agency have another birth mother on staff that you could talk to?

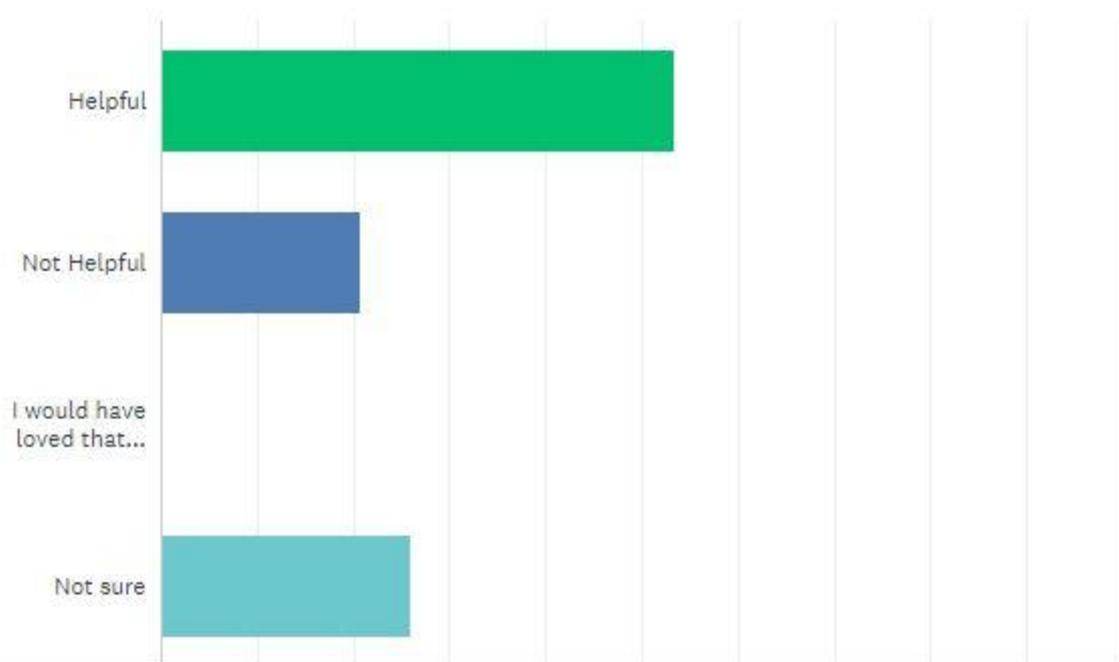
Answered: 74 Skipped: 0



ANSWER CHOICES	RESPONSES
Yes	20.27% 15
No	79.73% 59
<b>TOTAL</b>	<b>74</b>

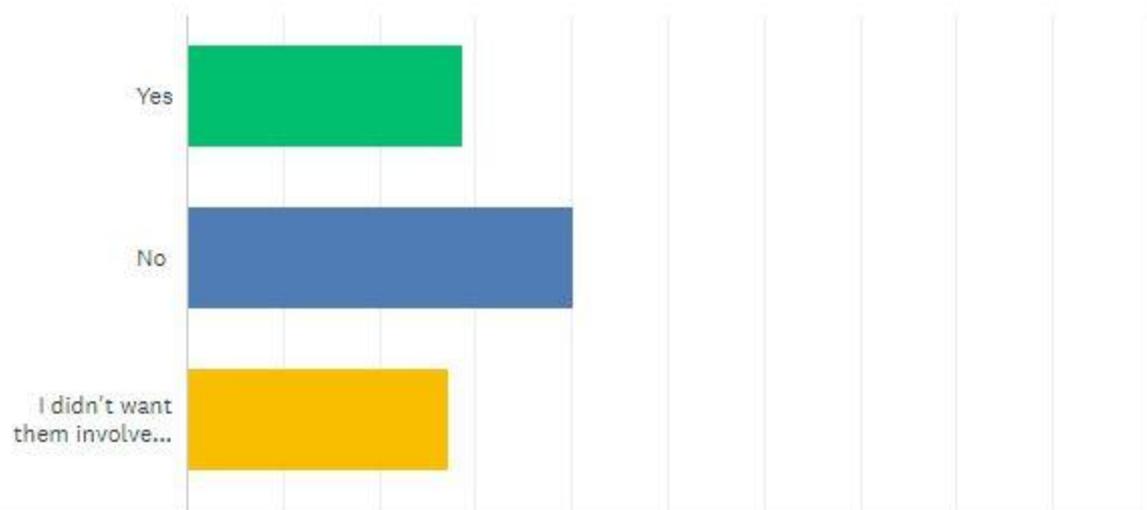
How helpful would it have been if you could have another birth mother supporting you and being sure you were receiving everything you were entitled to in addition to the caseworker the agency provided for you?

Answered: 77 Skipped: 0



BEFORE the adoption, When you were pregnant and working with an adoption agency, did you wish you could have started working with them earlier in the pregnancy than you did to help you work through the experience?

Answered: 77 Skipped: 0



# What Now?



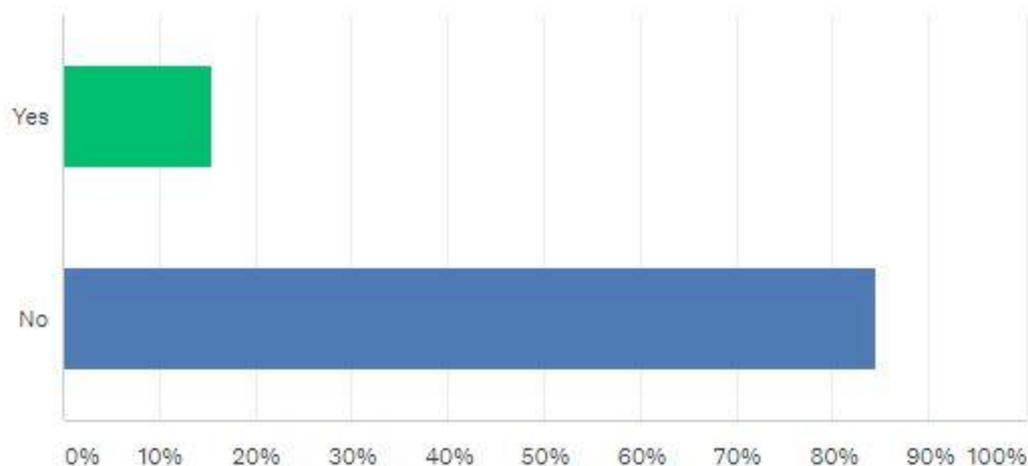
Q6

Customize

Export ▾

AFTER the adoption, Did the agency you chose provide the type of post adoption care you needed?

Answered: 77 Skipped: 0



ANSWER CHOICES ▾

RESPONSES ▾

▾ Yes

15.58%

12

▾ No

84.42%

65

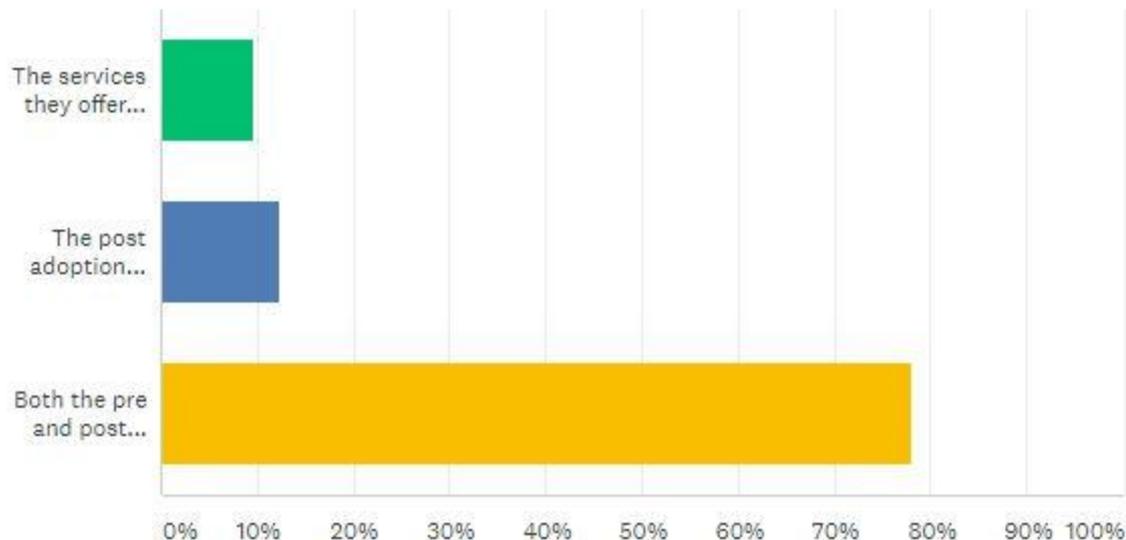
Q7

Customize

Export ▾

Looking back if you had to choose an agency again what would you choose them based on?

Answered: 73 Skipped: 4



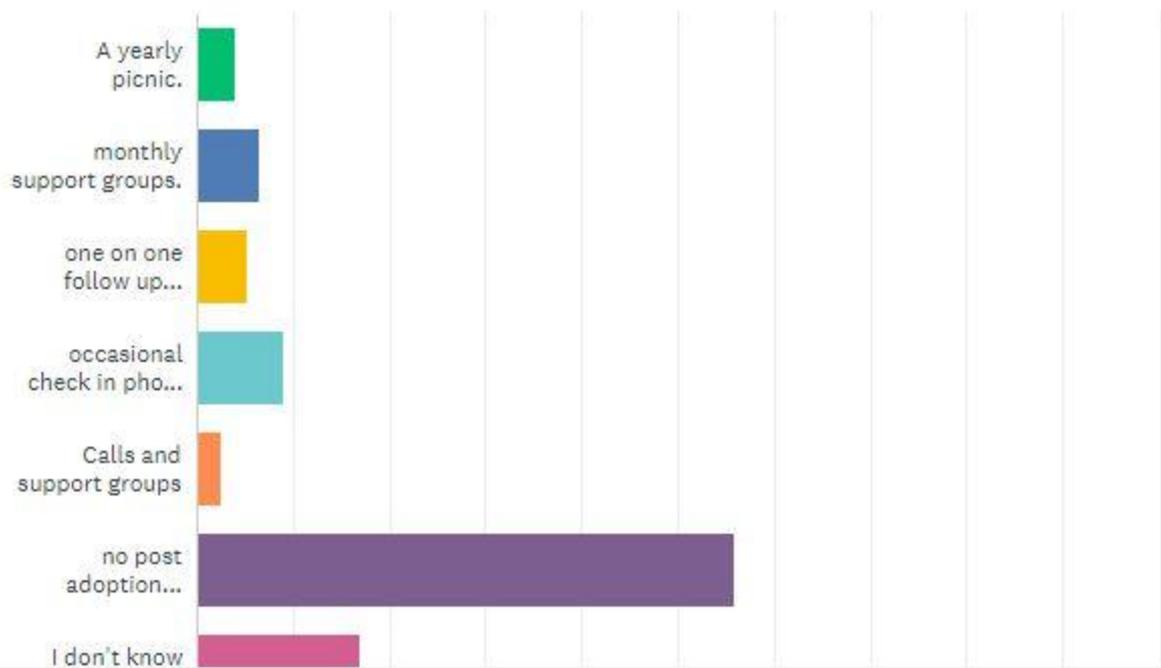
Q8

Customize

Export ▾

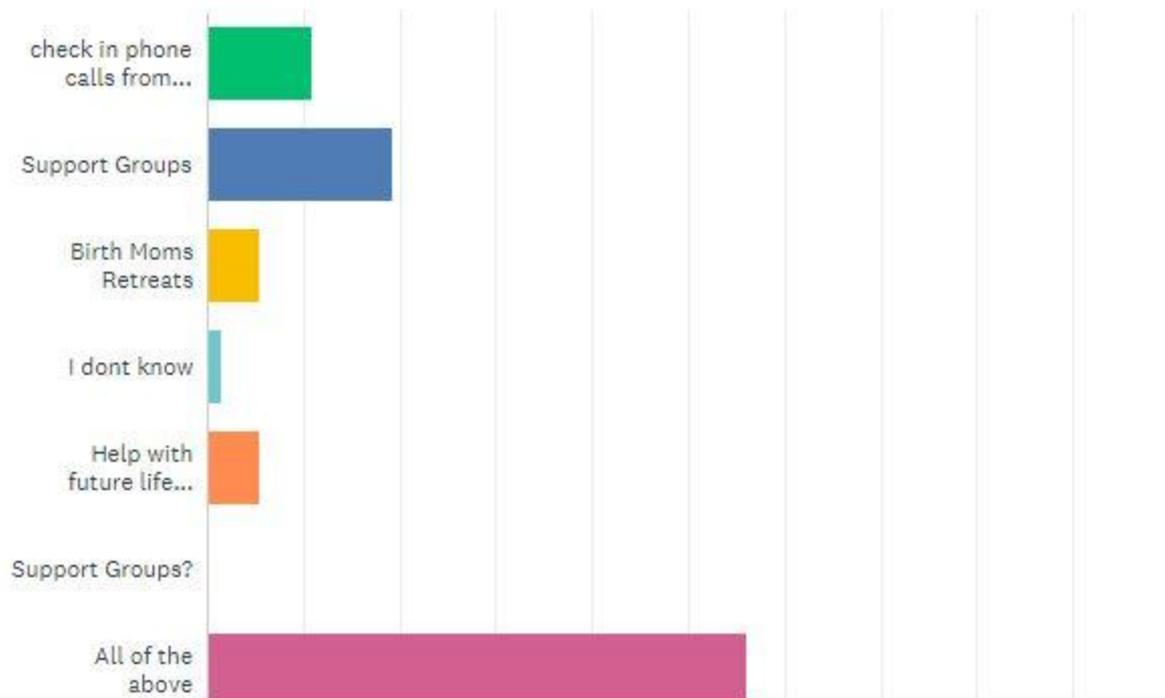
Which of the following best describes the POST adoption services your agency offered you?

Answered: 77 Skipped: 0



If you feel that you would have adjusted better AFTER the adoption with more follow up care WHAT TYPE of care would have helped you 6 months to a year afterward?

Answered: 73 Skipped: 4



Q10

Export ▼

What would have been helpful to you during your adoption journey? It can be a service BEFORE the adoption or AFTER.

Answered: 68 Skipped: 9

ANSWER CHOICES ▼

RESPONSES ▼

Please share here:

Responses

100.00%

68

It would have been very helpful to have financial help before I placed and also after I placed I was homeless for a few months staying in a women's shelter and the agency didn't help me find an apartment and pay the first months rent or deposit. The post placement care stopped at 6 months I am now 14 months into this and I have no heard from the agency since April of 2017

My adoption agency could have offered free post adoptive therapy, since they made \$40k on adopting my highly desirable white son. I wish they would have given me counseling with a therapist outside their office who was well-versed in adoption trauma to give me a heads up to the trauma I was walking into... And sadly, signing my son up for as well. We both have C-PTSD and the agency has done nothing for me (or him) despite this being quite common place. I spend \$150 a week on therapy, none of which is paid for by the adoption agency. They told me they would be happy to see me for \$150 a session.

Honesty-Knowing about secondary infertility, knowing about the pain my child would feel, knowing I would suffer from PTSD etc.... Honesty

A resource to help me keep me baby sort of like a house to live in to that had aide with jobs and getting all the assistance once would need when their own family shuts them out. Instead of in the 11th hour being forced to make the most awful decision ever one that slowly chips away at ur soul like a disease that kills over a little more every day until ur left with no self respect or dignity.

Someone to talk to that had been through what I was/is going through  
After care

Counseling about the rape. No one went there.

For my mother to not be a bitch about my choice.

The support of other birth moms

Therapy. Not about choosing a family, just talking about myself and whatever I wanted to talk about. Also prepping for trauma.

More information before and a lot more support/support groups after

Someone who could've given me an unbiased view. The agency is who my parents picked so them and my parents basically did the counseling on parenting in a negative way, basically stating I could've never parented my child even though I was 18 and needed a little family support to parent

Being able to get help accepting my decision

After care

Supported to parent and not relinquish

Another birth mother to talk to.

Counseling, meeting other birth moms during pregnancy

Hmmm... I have learned so much now, but don't know what I would have accepted then... Mayb just the understanding that conflicting emotions are normal

What would have been helpful? Not placing my child for adoption, it's my biggest regret and I hate what I've done. I hate how people try to make "birthmothers" feel like they are doing something good, it's all bullshit. Giving your child away is never a good thing. Unless you are a true danger to your child, a child belongs with it's natural mother. PERIOD. FUCK ADOPTION.

Therapy

To share ALL options to help keep the baby as well as to place your baby.

More exposure to other birth mom's would have been great. I had no idea what to expect afterward. No clue. I was not prepared all by the agency.

Someone who experienced what I was going through and actually cared about my feelings

Services after for sure.

Free life long counseling,

More visits with birth parents

Making sure it was my choice not coercion

Therapy with a person who deals with adoption

I was made to feel like an inconvenience by my case worker.

More support

Hearing the truth about adoption and the pain involved.

I never would have chosen adoption again. I would have kept my baby.

More support, I only had 6 months of phone calls and 2 visits with my counselor. It needed to be a lot more. Lucky for me I was able to connect with my therapist who was a former birthparent counselor for my agency and she's been amazing through the years.

The truth about the unending agony of placing my child

My baby was abducted by an abusive abortionist the moment she was born. They said Adoption was my choice. But they gave me no choice. The agency wanted the money adopters were willing to pay. Support to keep and raise my baby would have been helpful. Instead I was sent away to a home for unwed mothers.

Any

NOT TO GIVE AWAY MY BABY

After

Long term adoption support.

On going counseling

The organization Saving our Sisters was the best resource out there

Having someone to talk to that is going through the experience or has been through the experience.

If I hadn't gone through it in the first place.

I wish I didn't choose to give my baby away. I'm the one responsible for my choices.

I wish I'd had counseling and representation independent of the agency, preadoption. I feel I wasn't given all info regarding my rights and consequences of adoption.

Had they recognized that I wanted to keep my child, that I changed my mind, that I had issues surrounding my own adoption, had they placed my needs and my child's needs ahead of his adopters, who have abused him and lost him to state cps at least once.

Having someone stand by me and tell me that I could do it instead of throwing me to the wolves. Babies are a commodity and adoption is a huge business ??

Speaking to another birthmom. Information explained more. Agency catored to the adoptive family.

It would have been helpful to understand the bond a mother and child have and that separation causes extreme lifelong grief for me and my son. It would have been helpful to have a conversation with an unbiased professional regarding parenting or placing and all possible outcomes for my child and myself. It would have been helpful to understand that my reasons for relinquishing were temporary, but adoption is permanent, and even after reunion - our hearts will not heal.

Someone telling me I COULD parent instead of focusing their "counseling" on why I wasn't enough, and why the couple paying their fees to obtain my baby was better suited to parent. They were wrong. These questions are really terrible.

Given opportunity to explore all options available to me, support if I had chosen parenting

Being offered choices that encouraged family preservation and didn't make me feel like an awful person for wanting to parent my children. Thirty years later, we all have paid a heavy price for the loss we all experienced.

# POST ADOPTION

So hopefully around now you're thinking how you can become more effective in your POST ADOPTION outreach?



# Welcome to the Post Adoption Journey...

Login Now

**Welcome!**

I am so glad that you found your way here. This private space was created for women who have placed a child for adoption. The adoption choice is a lifelong journey that will require lots of love, support and encouragement over the years to come and for this reason I have created a wealth



The Grief Recovery Method<sup>®</sup>

CERTIFIED GRIEF RECOVERY SPECIALIST<sup>®</sup>



Grief Recovery Method Specialist

Certified by The Grief Recovery Institute



# Kim Noeth, Birth Mom Life Coach

---

Hi! I'm Kim Noeth

Grief is an emotion many of us face at least once in our lifetime. I have experienced my own personal losses and successfully worked through each loss to the place of peace. Today I am able to help other people work through their losses to that same place of peace and healing.

Though I work with all forms of loss, I specialize in working with women who have lost a child for adoption. Through the Grief Recovery Method Program I can offer effective support for women who have experienced this type of loss in addition to the many other



A photograph of a dirt road winding through a forest. The trees are covered in autumn foliage, with shades of orange, yellow, and brown. The road is in the center, leading the eye into the distance. The lighting is soft, suggesting an overcast day or late afternoon. The overall mood is contemplative and serene.

Do the best you can until  
you know better. Then when  
you know better, do better.

Maya Angelou



# BIRTHMOMS TODAY



**Kim Noeth**

[www.BirthMomsToday.com](http://www.BirthMomsToday.com)

[BirthMomsToday@GMAIL.COM](mailto:BirthMomsToday@GMAIL.COM)

**1-888-250-6363**

**1-717-517-2334**